



# How to Start a Workplace Bible Study

## MY FAITH AT WORK

**Equipping you to integrate your faith into everyday work, leadership, and life.**



# How to Start a Workplace Bible Study

**Gather. Grow. Glorify God at Work.**

---

## Introduction

---

Starting a Bible study at work may feel intimidating—but it doesn't have to be. If God has placed the desire on your heart, He will provide the path. Whether your group begins with two people or ten, you have the opportunity to create a space where faith and life intersect in powerful ways. This guide gives you the simple steps, practical tools, and spiritual encouragement you need to begin.

## Step-by-Step Guide

---

### 1. Pray First, Plan Second

Before inviting anyone, bring the idea before God. Ask Him to prepare hearts, open doors, and guide your planning. Listen for His leading on:

- Who to invite
- What topics or books to study
- Where and when to meet

“Commit to the Lord whatever you do, and he will establish your plans.” –  
*Proverbs 16:3*

## 2. Start Small and Stay Consistent

Don't wait for perfect timing or a big group. Invite one or two trusted coworkers who are Christians or spiritually curious. Consistency matters more than size.

- Meet weekly or biweekly (30–45 mins is ideal)
- Choose a regular time (e.g., before work, during lunch)
- Stay flexible with your format to accommodate workplace needs

## 3. Choose a Study Format

Pick a format that fits your time, group, and goals:

### A. Scripture-Focused:

Choose a book of the Bible (e.g., James, Philippians, Ruth)

- Read a short passage aloud
- Ask 2–3 open-ended questions
- Reflect and pray together

### B. Topical Studies:

Address real-life workplace themes like:

- Integrity, Leadership, Decision-Making, Conflict, Rest

### C. Guided Studies:

Use a trusted resource like:

- *WorklifeBibleStudy.org*, *WorkLife.org*, *RightNow Media*, *BibleStudyTools.com*, or create your own.

## 4. Invite with Grace, Not Pressure

Extend a personal invitation, not a broadcast. Share what you're doing and why, and let God handle the response. Sample invite:

“Hey, I’ve been wanting to connect Scripture to real work challenges, so I’m starting a short Bible study during lunch on Fridays. Would you be interested in joining us sometime?”

## 5. Set the Tone and Lead with Humility

Even if you're not a Bible expert, you can guide the conversation by:

- Creating a safe, respectful space
- Asking thoughtful questions (not teaching a lecture)
- Encouraging participation, not performance
- Praying with and for each other

“Where two or three gather in my name, there am I with them.” – *Matthew 18:20*

### Pro Tips for Success

---

- **Start with a short commitment** (e.g., 4-week study) to keep it low-pressure.
- **Offer food or coffee** to create a casual, welcoming atmosphere.
- **Use group messaging** (email, text, Slack) to send reminders or follow-ups.
- **Expect ups and downs** in attendance—stay faithful and consistent.
- **Be sensitive to workplace policies**—use break times, and stay within legal boundaries.

## **Sample Meeting Format (30–45 Minutes)**

---

Time	Focus
5 min	Welcome & catch up
10 min	Read Scripture or study material
15–20 min	Discuss questions & application
5–10 min	Prayer requests & closing prayer

## **Sample Discussion Questions**

---

1. What stands out to you from this passage?
2. How does this apply to our work life today?
3. What's one way you can live this out this week?

## **Want More Help?**

---

Download our free **Workplace Bible Study Launch Kit**

- Printable discussion guide
- Scripture list by topic
- Group guidelines
- 4-week starter plan

## **Explore More: [WorkLifeBibleStudy.org](https://www.WorkLifeBibleStudy.org)**

---

Looking for ready-to-use Bible studies tailored specifically for the workplace? Our sister site, [WorkLifeBibleStudy.org](https://www.WorkLifeBibleStudy.org), offers a vast collection of over 1,000 free studies designed to help you and your colleagues integrate faith into your daily work life.

### What You'll Find:

- **Topical Studies:** Address real workplace challenges such as integrity, communication, decision-making, and stress management.
- **Book-by-Book Studies:** Dive deep into individual books of the Bible, exploring their relevance to modern work environments.
- **Character Profile Studies:** Learn from the successes and failures of biblical figures, applying their lessons to today's leadership and teamwork scenarios.
- **Word Studies:** Focus on key biblical terms like wisdom, humility, and stewardship, and understand their application in the workplace.
- **Inspired Leadership Series:** Develop leadership skills rooted in biblical principles to inspire and guide your team effectively.

### Features:

- **Free Access:** All studies are available at no cost.
- **Flexible Formats:** Suitable for individual study or group discussions.
- **Tailored Content:** Studies are specifically crafted to address the unique dynamics of the workplace.
- **Supportive Community:** Connect with others who are passionate about living out their faith at work.

Whether you're starting a new study group or looking to enrich an existing one, [WorkLifeBibleStudy.org](https://www.WorkLifeBibleStudy.org) provides the resources you need to grow spiritually and professionally.

---

 Visit [MyFaithAtWork.org](https://www.MyFaithAtWork.org)

For more tools, devotionals, and encouragement to live out your faith in the workplace!